



BE STILL

This past week this particular verse kept coming to mind. Psalm 46:10, “Be still and know I am God.” Growing up I had heard this read many times before our worship gathering. It was the pastors polite way of saying be quiet, to sit still as we begin worship. However, in light of our current circumstances I began to wonder if God was calling us to be quiet, to sit still with our lives.

Be still. What is God saying to us through those two words? He is saying stop, be quiet, listen. There is a command here. There is an interruption that takes place. God says be still. Stop what you are doing. Not to simply slow a little as we continue to just do our thing. He says to be still. We are at a place of being still even if it has been involuntarily put upon us. No ballgames, dance classes, gymnastics. No running here and there. Is God maybe calling us to be still during this chaotic time? Possibly.

There is purpose in God calling us to be still. Not to just stop and do nothing but He directs our attention to the purpose of being still. Be still and know that I AM GOD. Be still. Come to attention. Focus on knowing me as God and all that means. Know that I am loving. Know that I am caring. Know that I am the all sufficient provider. Know that I am all powerful and during this strange and uncertain time know that I am in complete control. He assures us of His sovereignty over all.

Eph 1: 11 In him we have obtained an inheritance, having been predestined according to the purpose of him who **works all things according to the counsel of his will,**

Prov 19:21 Many are the plans in the mind of a man, but it is the purpose of the Lord that will stand.

Amos 3:6: "Is a trumpet blown in a city, and the people are not afraid? Does disaster come to a city, unless the Lord has done it?"

To know God in all these ways, to really know Him, changes how we live. Could it be that up until a few weeks ago we had forgotten this most foundational truth that God is still God. We certainly wouldn't have said that but did the way we were living suggest that perhaps we had? Busyness and a great deal of focus on other things more than a focus on God? In this "be still" moment take the time to reevaluate your life. Does the way you are living really demonstrate that you know that God is God? I pray that He reveals it to you during this strange and unwelcome time.

Allow this to be a reset for you. When most of our life is back to the way it used to be let us not go about life the way we used to. Let us move forward with great confidence in our God and live in a way that says to the world and those around us that God is God.